

1. Health And Human Services Committee Meeting Agenda

Documents: [FEBRUARY 9 2016 MEETING AGENDA.PDF](#), [NOVEMBER 10 2015 MEETING MINUTES.PDF](#)

2. Proposed New License For Breweries, Wineries, And Distilleries (15 Mins) Janice Gardner
Action Item – Public Comment To Be Given

Documents: [MEMO TO COUNCIL COMMITTEE.PDF](#), [BREWERY, WINERY AND DISTILLERY LICENSE 2.1.16.PDF](#)

3. Maine Medical Center Research (10 Mins) Dr. David Seder

Documents: [BC_STANDARD_CARD_PEARL.PDF](#),
[MMC_COMMUNITY_INFO_FLYER_MMC_5-18-15.PDF](#), [PEARL SURVEY 09-09-2015.PDF](#), [MMC POWER POINT PEARL STUDY 5-4-15.PDF](#)

4. 2016 WORKPLAN: ITEMS TO CONSIDER

Documents: [2016 WORKPLAN ITEMS TO CONSIDER.PDF](#)



Health and Human Services Committee

February 9, 2016

5:00 PM

Room 209/ City Hall

Meeting Agenda

- | | |
|--|-----------------|
| 1. Meeting Called to Order and Minutes from Previous Meeting Reviewed (3 mins) | Chair Suslovic |
| 2. Proposed New License for Breweries, Wineries, and Distilleries (15 mins)
Action Item – Public Comment to be given | Janice Gardner |
| 3. Maine Medical Center Research (10 mins) | Dr. David Seder |
| 4. 2016 Council Goals and Departmental Updates (15 mins) | Committee |



**City of Portland, Maine
Public Safety / Health & Human Services Committee
November 10, 2015**

Meeting Minutes

Committee Attendance:

Chair Councilor Ed Suslovic, Councilor Justin Costa, Councilor David Brenerman; Councilor Jill Duson

City Staff Attendance:

Michael Sauschuck, Police Chief; Adam Lee, corporation counsel;

AGENDA ITEM 1 - Meeting Called to Order at 5:39pm

Chair Suslovic moved to accept minutes from the October 13, 2015 meeting. The motion was seconded and approved unanimously.

Agenda Item #2: Report on Marijuana (communication only)

Chief Sauschuck summarized the back-up material provided and will bring this report to the full council on November 16th. Councilor Duson questioned the race data for the individuals arrested. Chief Sauschuck responded that at least two were African American, but that he will have a full breakdown to include whether or not these individuals were male or female for the full council on the 16th. Councilor Duson asked if these interactions were based on other offenses. Chief Sauschuck confirmed they were.

Agenda Item #3 Tour Company Licensing Ordinance Amendment (action item)

Adam Lee provided an overview of the back-up material provided and outlined the first amendment. Chair Suslovic asked if this amendment give the City Manager or his/her designee the authority to ask people to move along. Adam clarified the language in blue (in the back-up material) for 31-04.

Councilor Duson moved for the reconsideration of the amendment. The motion was seconded.

Councilor Duson moved the recommendation pass of the language in front of the committee excluding section 31-04. The motion was seconded.

Councilor Brenerman asked why a food truck is not considered a constitutional issue and Adam clarified. The Committee requested tour companies receive a copy of the memo in advance of December 21st.

Councilor Suslovic asked about tour buses and Adam summed that the buses on the Eastern Prom are an issue for one resident at this time. It is a State road and the City has no enforcement over this issue. Options are to talk to the Department of Transportation to change the regulation or to repeal the traffic schedule. The committee agreed to pass this item to the transportation committee and agrees the schedule should be repealed.

A motion was made to recommend a new version of the memo deleting the 10 foot rule. The motion was seconded and passed unanimously of all members present.

Agenda Item # 4 2015 Work Plan Review & Draft 2016 work plan

The committee proposed this draft work plan for the 2016 committee membership:

- Quarterly updates of the shelter study and homeless task force recommendations
- GA legal battles and quarterly update on homelessness
- Quarterly check in on substance abuse – larger than the Mayor's task force and should involve the fire department, police department and Health & Human Services
- Barron Center – add programmatic plan
- Add Fire Inspection program update to the Housing Safety Office update
- Fire Department updates on a schedule to be determined with the new Chief to give an introductory presentation.
- LEAAP program update.
 - Councilor Brenerman asked about the difference between the City's LEAAP program and other programs like ANGEL & HOPE. Chief Sauschuck talked about how the other programs lack sustainability while they rely on donations to operate; he discussed the proposed funding mechanism for LEAAP where drug forfeiture money would cover costs here at the PD in Portland. He did mention the strong concern for available treatment options in Maine and noted that a full roll-out of this proposed program is expected in late November.

Public comments on previous agenda items were allowed at this time as members of the public had arrived to comment.

- Chris, a lobbyist from the Chamber of Commerce, supports the tour company memo as proposed with a strike of the 10 foot rule and would like a copy of the language.
- Matthew Day of 166 Eastern Prom commented on the tour bus issue on the Eastern Prom. The Chair provided him an overview of the committee's discussion and the matter has been forwarded to the transportation committee.

With no further business to attend to the committee adjourned at 6:47pm.



Office of the City Clerk
Katherine L. Jones, CCM, City Clerk

MEMORANDUM

TO: Health and Human Services Committee

FROM: Janice Gardner, Business License Administrator

DATE: February 1, 2016

RE: Proposed New License for Breweries, Wineries, and Distilleries

The City Clerk's Office is proposing the creation of a new license for breweries, wineries, and distilleries. At this time, the City licenses the service of alcohol and food at restaurants and bars, but no license exists for the service of alcohol at breweries, wineries, and distilleries.

With the change in State laws around consumption quantities and charging for "samples", the nature of breweries, wineries, and distilleries has changed. The intent of the license is to provide a vehicle of City oversight for businesses serving alcohol for consumption on premise and to make licensing of businesses that serve alcohol more equitable.

Breweries, wineries, and distilleries are now destinations for consumers to drink at their leisure, consume food from food vendors, and listen to bands. This business model closely resembles traditional restaurants and bars. In the interest of fairness, the City Clerk's Office believes licensing breweries, wineries, and distilleries is appropriate.



We think the \$500 fee is appropriate for the following reasons:

- The license is for the service of alcohol, not food, so it is less expensive than a full liquor/food license.
- The fee covers departmental review and oversight of the business facility and operations on a yearly basis (i.e., Police Department and Fire Inspections review)
- We opted not to do a price scale because the oversight and information required each year would be beyond the scope of what we require of other classes of licenses. A single price simplifies the process for all.

We have reached out to existing and future breweries, wineries, and distilleries to discuss these changes. We have met with this group twice to gather their input, hear their concerns, and make changes to the proposed ordinance where appropriate.

Cc: Katherine Jones
Adam Lee

ARTICLE III. BREWERIES, WINERIES and DISTILLERIES

DIVISION 1. GENERALLY

Sec. 3-31 Definitions

For the purposes of this Article,

The terms *Brewery*, *Distillery*, *Malt liquor*, *Spirits*, *Wine*, and *Winery* shall have the same meanings as provided by 28-A M.R.S. § 2.

Sec. 3-32 Brewery, Winery and Distillery License.

No brewery, winery, or distillery shall serve or sell spirits, wine, or malt liquor for consumption unless it is licensed pursuant to this Section and Chapter 15. A brewery, winery, or distillery that is properly licensed to serve or sell spirits, wine, or malt liquor for consumption as part of its Chapter 11 Food Service Establishment license is not required to obtain a license under this Section. A brewery, winery, or distillery that is required to be licensed as a Food Service Establishment pursuant to Chapter 11 does not satisfy that requirement by obtaining a license under this section. This division shall apply to those who serve or sell based on a license issued pursuant to 28-A M.R.S. § 1355-A(I).

Sec. 15-12 Fees and Expiration dates.

Location in Code	Description	Fee	Expiration Date
------------------	-------------	-----	-----------------

...

Ch. 3, Art. III	Brewery, Winery and Distillery License (must obtain FSE and/or special entertainment if applicable)	\$500	Concurrent with state liquor license
-----------------	---	-------	--------------------------------------



Maine Medical Center

MaineHealth

PEARL Research Study

Learn more and complete a short survey.

22 Bramhall Street, Portland, ME 04102-3175
(207) 662-2066 • PEARL@mmc.org
www.mmc.org/PEARL



What is The PEARL Study?

The PEARL Study is a research study being done at Maine Medical Center in Portland, Maine with people who are brought to the emergency department in cardiac arrest. It will look at the safety and benefits of heart catheterization (heart cath) done within 90 minutes of hospital arrival in a certain group of patients that don't have certain findings on their ECGs. This study aims to answer the question: *Does an early heart catheterization improve survival in this group of patients?*

What Is Cardiac Arrest?

Cardiac arrest is when the heart suddenly stops pumping blood. In adults, this may be the result of a heart attack. It is a major public health problem:

- Only 4 out of 10 people who have an out-of-hospital cardiac arrest make it to the hospital alive.
- Of the people who make it to the hospital alive, less than half will survive their cardiac arrest.

Who Can Take Part in this Study?

Patients who are brought to Maine Medical Center in cardiac arrest due to heart disease but do not have certain findings on their ECG test can take part in the study. Patients who are chosen for the study will be randomly assigned to either Group 1 or Group 2.

Both groups will be treated with the standard post-arrest treatment. This includes cooling of the body which can protect the brain from injury caused by cardiac arrest.

- **Group 1** will have heart catheterization right away.
- **Group 2** will have standard medical treatment which may include heart catheterization. The medical team will decide if this is best for the patient.

How will you get Informed Consent?

To be involved in a research study the Federal Drug Administration, or FDA, requires patients to give informed consent. Informed consent means that the patient understands the risk and benefits of taking part in the study and then chooses to be part of the study.

Patients who arrive in the emergency department during cardiac arrest are not able to give informed consent because they are unconscious. A family member or legal representative may give consent for the patient. If they cannot be reached, patients can still take part in the study under what is called an **Exception from Informed Consent for Emergency Research**. In this case, the patient's medical team can decide if the patient should be in the research study.

What if I do not want to be part of this study?

We will send you a bracelet to wear so that we know you do not want to take part. To get a bracelet or more information about this study you can visit our website at mmc.org/PEARL or contact us at (207)-662-2066 or PEARL@mmc.org.

Questions or concerns? You can also contact the Maine Medical Center Institutional Review Board at (207) 396-8268 or mmcri_info@mmc.org.

PEARL Community Survey

Note: You must be at least 18 years of age to take this survey.

1. What is your age?
 - ☐ 18-39
 - ☐ 40-59
 - ☐ 60 or older
 - ☐ Prefer not to answer

2. Is it acceptable to you for this research to be conducted in your community?
 - ☐ Yes [*go to question 3*]
 - ☐ No [*go to question 4*]
 - ☐ Prefer not to answer

3. If you think this study is acceptable in your community please tell us why. (Check all that apply.)
 - ☐ It is in the best interest of the patient
 - ☐ It is in the best interest of the community
 - ☐ It is in the best interest to advance medicine
 - ☐ Other _____

4. What concerns do you have about this research?
 - ☐ I don't have enough information yet
 - ☐ I don't want to be in the study
 - ☐ Research should not be conducted without patients providing consent
 - ☐ I have no concerns
 - ☐ I prefer not to answer
 - ☐ Other: _____

5. If you were brought to the hospital unconscious after suffering a cardiac arrest and the emergency physician or cardiologist thought you were eligible for this study, would you accept being enrolled in this study even though you could not provide consent?
 - ☐ Yes
 - ☐ No
 - ☐ Don't know

[Continued on back.]

PEARL Community Survey - continued

6. Do you have any additional comments for the researchers about this study?

7. What is your race?

- ☐ White
- ☐ Black or African American
- ☐ Alaskan Native or American Indian
- ☐ Asian
- ☐ Hispanic or Latino
- ☐ Native Hawaiian or Other Pacific Islander
- ☐ More than one race
- ☐ Don't know
- ☐ Prefer not to answer

8. What is the highest level of education you have completed?

- ☐ Less than Grade 12
- ☐ GED or High School Diploma
- ☐ Any College Degree
- ☐ Prefer not to answer

9. What is the zip code where you live? _____

If you would not want to take part in this study, we will send you a bracelet to wear to alert us that you do not want to take part. Please provide your contact information:

Name: _____

Email Address: _____

Phone number: _____

Please mail survey to:

Barbara McCrum, R.N. ATTN: PEARL Study
Department of Critical Care
Maine Medical Center
22 Bramhall Street, Portland, Maine 04102

PEARLStudy

*A Pilot Randomized Clinical Trial of Early Coronary Angiography
Versus No Early Coronary Angiography for Post-Cardiac Arrest
Patients Without ECG ST Segment Elevation*

A Community Presentation on the PEARL Study

A Pilot Randomized Clinical Trial of Early c
Coronary Angiography Versus No Early Coronary Angiography for Post-
Cardiac Arrest Patients Without ECG ST Segment Elevation

What is this forum about?

- Doctors at Maine Medical Center in Portland are participating in a research study with people who are brought to the emergency room that might involve you or a family member.
- This study involves patient who have been brought back to life after cardiac arrest.



What is a cardiac arrest?

- A cardiac arrest is when the heart suddenly stops pumping blood.
- In adults this may be the result of a heart attack.
- Cardiac arrest is a major health problem and survival rates are poor.

Cardiac Arrest is a Major Health Problem

- Only 4 out of 10 people who have an out-of-hospital arrest make it to the hospital alive.
- Of the people who make it to the hospital alive, less than half will survive their hospital stay.

What is the study question?

- Does an early heart cath after cardiac arrest improve survival and quality of life following a cardiac arrest event?
- A “heart cath” is an invasive cardiac procedure in which the arteries of the heart are examined for blockages and sometimes opened up

What is Exception from Informed Consent (EFIC)

- To be involved in a research study the Federal Drug Administration, or FDA, requires patients give informed consent. Informed consent means that the patient understands the risk and benefits of taking part in the study and then chooses to be part of the study.
- Patients who arrive in the emergency department during cardiac arrest are not able to give informed consent because they will be unconscious.

- If available, a family member may provide informed consent for the patient.
- If not available, patients may still take part in the study under what is called an **Exception from Informed Consent for Emergency Research**.
- This is considered emergency research because the decision made to enroll a patient must be less than 90 minutes.

Who can Participate in this study?

- Patients who are brought to Maine Medical Center after cardiac arrest would be considered for this study.
- If your family is not available to give informed consent your medical team will decide if it is best for you to take part in the study.

- If you are enrolled you will be randomly assigned (like a flip of a coin) to one of two groups:
 - **Group 1** will have heart catheterization right away.
 - **Group 2** will have standard medical treatment which may include heart catheterization. The medical team will decide if this is best for the patient.
- If you qualify for the study, the decision to participate must be made in 90 minutes or less

What is standard treatment for cardiac arrest

- Standard treatment for cardiac arrest is to first do an electrocardiogram or ECG.
- If this shows a possible blocked artery, than an angiogram or heart catheterization is done right away
- When the ECG does not show a blocked artery, the timing of the heart catheterization is decided by the medical team and is usually performed after the patient awakens.

Patients that are chosen for the study

- Patients will be randomly assigned to either Group 1 or Group 2
- Group 1 will get heart catheterization right away
- Group 2 will get standard medical treatment which may include heart catheterization..

Standard treatment for both groups

- Besides the timing of the heart cath both groups will be treated with the usual therapies recommended by the American Heart Association.
- These include cooling of the body (hypothermia treatment) which protects the brain from injury that occurs when your heart stopps pumping blood during the cardiac arrest.

Are there benefits?

- ▣ You may or may not benefit as a result of participating in this study. There may be benefits to patients in the future as a result of your participation in this research.

Are there risks?

- The research procedure in this study is **early heart cath** in patients without clear evidence of a blocked artery.
- Heart cath is a common medical test following cardiac arrest, and can stop heart attacks in progress. It could cause serious side effects.
- The early cath group may be at higher risk for complications due to the unstable nature of their condition post arrest.

Risks cont.

- Risks associated with any heart cath include bleeding, infection, and pain at the catheter insertion site.
- Damage to the blood vessels
- An allergic reaction to the dye that is used.
- Stroke
- Arrhythmias (irregular heartbeats)
- Death

What if I don't want to be in the study?

An option for community members is to “opt out”

A “No Study” bracelet will be sent to those who ask for one by notifying the PEARL research team.

If you notify us you can be on a list of patients that do not want to participate.

Barbara McCrum, RN

Phone: (207) 662-2066

Email: PEARL@mmc.org

Thank you!

from the PEARL Study Team

Physician Investigators:

Dr. David Seder

Dr. Samip Vasaiwala

Dr. Richard Riker

Dr. Karen Bascom

Nurse Research Coordinators:

Barbara McCrum, RN

Lauren Connolly, RN



Public Safety, Health & Human Services Committee

2016 WORKPLAN: ITEMS TO CONSIDER

Quarterly Updates (these items are listed in duplicate under departments below)

- o City-Wide Update on Substance Abuse (FD, PD & HHS Departments)
- o Housing Safety Office & Fire Inspection
- o Shelter task force
- o General Assistance (legal battles) & Homelessness
- o Shelter Data (Dashboard)

Police department

- o regular updates, quality of life update
- o October marijuana report update

Public Health

- o The Barron Center – Financial & Physical Plant Analysis & Programmatic Plan
- o Social Services – Quarterly Updates on General Assistance Reimbursements & Program – Quarterly Updates on Shelter Data
- o Oxford Street Shelter LTS initiative and closure of overflow
- o Public Health – Population Health & Direct Services
- o Elder Affairs – Age Friendly Communities – Overview and updates
- o Shelter Task Force Update/*Homelessness*

Fire Department

- o Communications System upgrade
- o Municipal Alarm System upgrade to wireless technology
- o Potential of adopting new edition of NFPA Codes (Action Item, ordinance change)
- o Update on Fire Inspections Program (#'s, summons, compliance rate, etc.)
- o Possible Ordinance change on Mass Gatherings
- o Mid-year general update
- o Update from New Fire Chief (when appointed)

Misc

- o PEARL study from Maine Med
- o Noise ordinance review
- o Housing Safety Office & Fire Inspection Update
- o Brewery/Winery Licensing (clerks office and corp counsel)
- o Quarterly Update on the Mayor's Substance Abuse Sub-committee
- o City Council asked that PSHHS develop a tracking and reporting mechanism for CT notices issued by constables. Reason for CT notice issued should be included. This item added following 11.17.14 Council meeting.
- o Feedback on tour licensing (mid-summer)